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| Preparation for Higher Education development session 2020 - 2021 |

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| Summary of unit |
| This core SWAP access programme unit supports the acquisition and development of key attributes for lifelong learning and builds the foundation for successful progression and transition to HN and degree level study. Students will focus on developing academic skills which will enhance and support core taught SQA programme units. The unit also supports learners in the development of lifelong learning competencies. These competencies are based on the “European framework for personal, social and learning to learn key competence”. The unit adopts a number of delivery methodologies to provide flexibility for tutors and students. |

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| Learning Outcomes |
| Through engaging with preparation for higher education students will:  Develop the skills required to be an independent learner to be successful in study at SCQF level 7 on either a college HNC or university degree.  These independent learning skills will include developing academic competences relating to:–   * Research - accessing and evaluating a range of source material. * Academic reading and writing - be confident in accessing and approaching a range of source material. Demonstrate the ability to read effectively, efficiently and incorporate referencing. * Understand and answer essay and assessment questions. Develop structured writing in line with expected demands. Display an understanding of format, grammar, punctuation and syntax. * Engage with IT and digital resources including online learning platforms, web-based resources and software presentation packages.   Develop the competence of “Learning to Learn”   1. Critical thinking - determine the relevance of ideas and be able to understand the linkage of ideas. Evaluate ideas and sources in order to create an effective argument. 2. Develop a belief in engaging with the potential to continuously learn and progress.  * Awareness of and confidence in one's own and others’ abilities to learn, improve and achieve with **work and dedication.** * Understanding that learning is a lifelong process that requires openness, curiosity and determination * Reflecting on other people’s feedback as well as on successful and unsuccessful experiences to continue developing one’s potential  1. Develop self management of learning.  * Awareness of one's own learning interests, processes and preferred strategies, including learning needs and required support * Develop and consolidate skills including time management and focus on additional practical activities such as note taking, working within groups and delivering presentations * Apply to HNC and degree level study. Considering choices and well thought out decision making. Demonstrate a preparedness for competitive selection where applicable. * Be engaged with transition materials and activities in relation to HNC and degree level progression as well as understanding the importance of engaging with various forms of support for future success. |

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| Social and Personal Development |
| Developing social and personal skills:  Communication – use of relevant communication strategies, listening to others and communicating appropriately  Collaboration - engagement in group activity and teamwork acknowledging and respecting others  Self-regulation - awareness and management of emotions, thoughts and behaviour. Nurturing optimism, hope, resilience, self-efficacy and a sense of purpose to support learning and action. Development of time management strategies  Flexibility - ability to manage transitions and uncertainty, and to face challenges. Managing transitions in personal life, social participation, work and learning pathways, while making conscious choices and setting goals  Wellbeing - pursuit of life satisfaction, care of physical, mental and social health; and adoption of a sustainable lifestyle |

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| Delivery Method |
| Prep for HE sessions incorporate traditional tutor led teaching sessions, practical exercises and interactive online learning aimed at introducing and improving learning competencies. Regular scheduled Prep for HE Guidance sessions will facilitate a ‘flipped classroom style’ approach to learning whereby online lessons and activities can be completed by the student in advance of the timetabled Prep for HE session. Tutors will then provide subsequent structured based guidance, feedback and support. Tutors will have the option to select when to work through topics with students and can opt to select both introductory and consolidatory enhancement styled lessons and materials. Core topics are provided, with college tutors and university partners encouraged to enhance the prep for he framework with additional activities.  **Unit** **topics:**  Induction\*  Intro to Prep for HE\*  Prepare to Be Successful  How do you Study?  Critical Thinking  Choices: Applying to University and HNC\*  Research Skills and Working with Sources  Reading and Referencing  Academic Writing  Group Work and Presentations  Making the most of feedback, evaluations and exams  Listening Skills and note taking  SAAS and Student Finances  STAY- Successful Transition and You   * these are time specific topics |

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| Unit completion requirements |
| Students are required to engage actively with lessons and activities and to participate with all tutor delivered elements of the unit. |