



## Study at Stirling SWAP Webinar

Today's session will start just after 11:10.  
Please post any questions in the Q&A box  
throughout and I'll answer during the brief  
break and at the end of the session.

We will also have time for a Q&A with  
previous SWAP students now at the university.

**ARE YOU STIRLING?**



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## Study at Stirling - SWAP Webinar

Alan Waddell  
Student Recruitment Manager

[wp@stir.ac.uk](mailto:wp@stir.ac.uk)



# Welcome to the University of Stirling!

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# We Are Stirling

Stunning **330** acre campus

**17,000+** students

**30% +** students come from college

**120+** Nationalities

**SCOTLAND'S  
UNIVERSITY FOR  
SPORTING  
EXCELLENCE**

UNIVERSITY of  
STIRLING



**TOP 30  
IN THE UK**

For student  
satisfaction

National Student  
Survey 2022



**93% of our graduates are in  
employment or further study  
fifteen months after  
graduation**

Graduate Outcomes Survey, HESA 2021



UNIVERSITY of  
STIRLING



**BE THE DIFFERENCE**

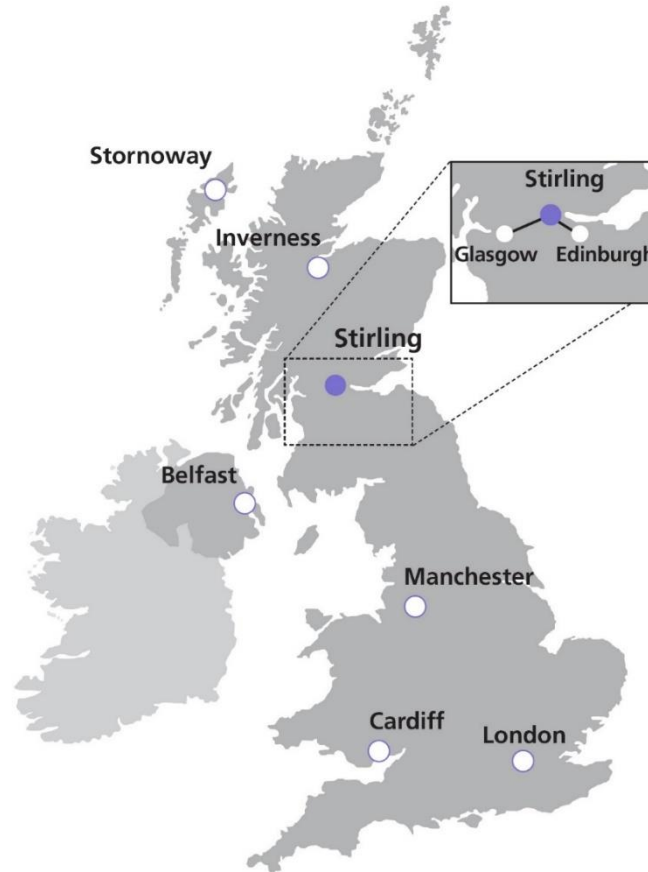


# Our Place in the UK

10-15 mins from centre of  
Stirling by car and bus

Stirling to Glasgow 35-40  
mins by train and car

Stirling to Edinburgh 50  
mins by train and car



# Travelling to Stirling

- Train links- Stirling and Bridge of Allan
- Student car parking permit
- Next Bikes
- Railcards and student bus discount







**1<sup>st</sup>**

**in the UK for  
campus environment**

International Student Barometer,  
2018

**Top  
25**

**in the UK for  
University facilities**

Times Higher Education Student  
Experience Survey, 2017





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Times Higher Education Student  
Experience Survey, 2017





## Studying at Stirling





# What Works For Me?

## Academic Life

- Lectures/Tutorials
- Labs / fieldwork / placements
- Independent study

## Assessment

- Exams
- Essays
- Project work
- Seminar presentations

## Student Experience

- Clubs/Societies/Sports Teams
- Volunteering
- Employability

## Location

- Travel time
- Accommodation





**Four-year and Three-year  
Undergraduate courses**



**Two semesters per year**



**Study abroad opportunity**



**Flexible degree structure**  
200+ combined degrees

**Personal Tutor Scheme**

## Undergraduate Degree Structure

## Arts and Humanities

Digital Media, English, Film & Media, Heritage and Tourism, History, Journalism, Languages, Law, Philosophy, Politics, Religion

## Health Sciences and Sport

Adult Nursing, Mental Health Nursing, Paramedic Science, Sport & Exercise Science, Sport Studies

## Natural Sciences

Biological Sciences, Computing, Data Science, Ecology, Environmental Sciences, Geography, Marine Biology, Mathematics, Psychology

## Social Sciences

Criminology, Primary Education, Physical Education, Secondary Education, Social Policy, Social Work, Sociology

## Stirling Management School

Accountancy, Business Studies, Economics, Events Management, Finance, Human Resource Management, Management, Marketing, Sport Business Management

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**STIRLING**



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**170+ courses**  
**Single and joint**  
**honours degrees**

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**BE THE DIFFERENCE**



# Sample Programme

**ARE YOU STIRLING?**

BA (Hons) Psychology

4yr Hons	3yr Hons	Semester	Subject 1	Subject 2	Subject 3
1		1	Psychology	eg Sports Studies	eg Business
		2	Psychology	eg Sports Studies	eg Business
2	1	3	Psychology	eg Sports Studies	eg Business

# Sample Programme

**ARE YOU STIRLING?**

## BA (Hons) Psychology

4yr Hons	3yr Hons	Semester	Subject 1	Subject 2	Subject 3
1		1	Psychology	eg Sports Studies	eg Business
		2	Psychology	eg Sports Studies	eg Business
2	1	3	Psychology	eg Sports Studies	eg Business
		4	Psychology	Psychology	Psychology
3	2	5	Psychology	Psychology	Psychology
		6	Psychology	Psychology	Psychology
4	3	7	Psychology	Psychology	Psychology
		8	Psychology	Psychology	Psychology



# Sample Programme

**ARE YOU STIRLING?**

BA (Hons) Psychology

4yr Hons	3yr Hons	Semester	Subject 1	Subject 2	Subject 3
1		1	Psychology	eg Sports Studies	eg Business
		2	Psychology	eg Sports Studies	eg Business
2	1	3	Psychology	eg Sports Studies	eg Business

# Sample Programme

**ARE YOU STIRLING?**

~~BA (Hons) Psychology~~



**BA (Hons) Business  
Studies and Sport Studies**

4yr Hons	3yr Hons	Semester	Subject 1	Subject 2	Subject 3
1		1	Psychology	eg Sports Studies	eg Business
		2	Psychology	eg Sports Studies	eg Business
2	1	3	Psychology	eg Sports Studies	eg Business
		4	Other in either subject	Sports Studies	Business
3	2	5	Other in either subject	Sports Studies	Business
		6	Semester Abroad		
4	3	7	Other in either subject	Sports Studies	Business
		8	Other in either subject	Sports Studies	Business



- BREAK -

Please pop any  
questions you have  
so far in the chat.

Please also state  
which courses you  
wish to study.

**ARE YOU STIRLING?**



# Course Overviews

ARE YOU STIRLING?

Nursing & Paramedic Science

Natural Sciences

Education

Social Sciences

Social Work







# Nursing Overview

Adult OR Mental Health

3 year (BSc) - BBB

4 year (BSc Hons) - ABB

2 semesters - 22-23 weeks each

Minimum 4,600 hours on course

Academic Life

50% Lectures, tutorials, seminars

50% Placements

Full final semester placement to allow practice prior to registration



# Nursing Placements

What is a student nursing placement like?



# Study Abroad Opportunities

Opportunities to have an International Placement abroad during Year3 of the programme.

**University of South Florida – USA**

**University of Indiana - USA**

**University of Navarra – Spain**

**Paracelsus University – Austria**

**Channel Islands - Jersey**



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BE THE DIFFERENCE

## BSc Paramedic Science

- Entry requirements: ABB in SWAP graded profile
- 3 year full time course to enable you to apply to register as a Paramedic with the Health and Care Professions Council (HCPC)
- We are experts in health education and recognised internationally for our research into out-of-hospital care
- The BSc Paramedic Science degree course will enable you to contribute to the graduate healthcare workforce through an innovative educational experience founded on personal growth, effective relationships and excellence in clinical practice





# Course Delivery



- 50% time on campus, 50% on placement
- Range of teaching and learning platforms
- Lectures, tutorials and seminars
- Virtual learning, Canvas
- Clinical Skills Simulation and Clinical Practice experiences
- Library and IT Support Sessions
- Academic Mentor

# Careers

- Apply for registration with the Health & Care Professionals Council (HCPC)
- Once registered, you can apply for positions in both the public and private sector
- Once employed, there will be other opportunities in specialist/advanced roles:
  - unscheduled care
  - critical care
  - special operations response teams
  - education
  - leadership



# What can you study?

## Health Sciences and Sport

Sport & Exercise Science, Sport Studies

## Natural Sciences

Aquaculture, Biological Sciences, Computing, Data Science, Ecology, Environmental Sciences, Geography, Marine Biology, **Mathematics**, Psychology

## Social Sciences

Primary Education, Secondary Education

# Entry Requirements

Year 1 entry only

SWAP Science

- **BBB in graded profile for most subjects**
- **ABB for Hons Nursing, Paramedic Science, Social Work, LLB Law, Primary Education and PE teaching**

Some degrees have additional subject/work experience requirements, e.g. Education and Social Work

[wp@stir.ac.uk](mailto:wp@stir.ac.uk)



# Biology –

BSc (Hons) Biology

BSc (Hons) Marine Biology

BSc (Hons) Cell Biology

BSc (Hons) Applied Biological Sciences

BSc (Hons) Animal Biology

T: +44 (0) 1786 467770

W: [stir.ac.uk/natural-sciences](http://stir.ac.uk/natural-sciences)

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## Example - BA Hons Biology

**Combined degree options:** Mathematics / Psychology / Primary Education / Secondary Education

Fieldwork is **integrated** into the course: Scottish residential field class in year 2 and optional France and Gabon fieldtrips in year 4. Extra costs may occur.

### TYPICAL TIMETABLE

YEAR	SEMESTER	MODULE 1	MODULE 2	MODULE 3
1	1	Ecology	Laboratory Skills	Option Subject
	2	Physiology	Field Skills	Option Subject
2	3	Evolution and Genetics	Introduction to Cell Biology	Biology Field Course
	4	Biodiversity	Statistical Techniques	Option Subject
3	5	3 options from: Animal Physiology; Population and Community Ecology; Enzymes and their Applications; Microbiology; Habitat Management and Restoration; Statistics using R		
	6	Plant Ecology	2 modules from: Animal Cell Biology, Applied Immunology; Behavioural Ecology	
4	7	Honours Research Project (3 modules)		Choice of four to six full and half modules from a range of options (see below)
	8			

**BE THE DIFFERENCE**



# BA/BSc (Hons) Psychology

- Single or Combined degree
- Combinations include: Biology / Business Studies / English / Studies / French / Spanish / Film and Media / Human Resource Management / Marketing / Mathematics / Philosophy / Politics / Sociology / Sports Studies

Faculty of Natural Sciences  
T: +44 (0) 1786 467640  
E: [psych-enquiries@stir.ac.uk](mailto:psych-enquiries@stir.ac.uk)



- Taught by experts in their various academic fields
- Work in high-end specialist labs
- Opportunity to study aspects of child development through our on-campus PreSchool Kindergarten
- Work placement opportunity in 4th year. Successful applicants undertake a 50 hour placement with a host organisation.

YEAR	SEMESTER	MODULE 1	CREDITS	MODULE 2	CREDITS	MODULE 3	CREDITS
1	1	Introductory Psychology 1 (Core)	20	Subject 2 (of your choice)	20	Subject 3 (of your choice)	20
	2	Introductory Psychology 2 (Core)	20	Subject 2 (of your choice)	20	Subject 3 (of your choice)	20
2	3	The Social Mind (Core)	20	Subject 2 (of your choice)	20	Subject 3 (of your choice)	20
	4	Research Methods (Core)	20	Brain and Behaviour: Clinical Perspectives (Core)	20	Subject 3 (of your choice)	20
3	5	Cognition (Core)	20	Individual Differences (Core)	20	Social Psychology (Core)	20
	6	Developmental Psychology (Core)	20	Clinical and Health Psychology (Core)	20	Animal Behaviour (Core)	20
4	7	Honours Research Project (Core)	60	Psychology Electives (Core)	20	Psychology in Context (Core)	20
	8			Psychology Electives (Core) includes the choice of a placement elective	20		

# Education – Primary & Secondary

B at Higher English/Comm 4 Lit 1  
B at National 5 Maths

## BA/BSc (Hons) Primary Education

Specialism Options:

- Early Years
- The Environment
- Modern Languages
- Inclusive Practice
- Literacy
- Numeracy

## BA/BSc (Hons) Secondary Education

- Specialism Options:
- Biology / Business Studies / Business Studies + Computing Science / Computing Science / English Studies / Environmental Geography / French / French and Spanish / History / History + Politics / History + Sociology / Mathematics / Philosophy + Religion / Religion / Sports Studies + Physical Education and Professional



BA (Hons) Professional Education  
(Secondary) with Chemistry or Physics



# BSc (Hons) Sport and Exercise Science

Dr Naomi Brooks

T: +44 (0)1786 466 478

E: fhss.ug@stir.ac.uk

W: stir.ac.uk/health-sciences-sport



**Single degree only.** We have a suite of research and performance analysis laboratories and world-class facilities

Course Content		
	Autumn Semester	Spring Semester
Year 1	Introduction to Sports Studies 1 Introduction to Cell Biology Laboratory Skills	Introduction to Sports Studies 2 Introduction to Physiology Field Skills
Year 2	Sports Studies – Issues and Concepts Evolution and Genetics <i>Another module of choice</i>	Human Anatomy & Physiology Psychology of Sport <i>or</i> Foundations of Physical Activity for Health Statistical Techniques
Year 3	Sports Medicine Health and Wellbeing Physiology of Sport and Exercise Animal Physiology	Psychology of Exercise, Physical Activity & Health Applied Exercise Physiology The Animal Cell
Year 4	Proteomics/Molecular Techniques Readings in Sports Studies Research Methods for Sport and Exercise Science	Research Project in Sport and Exercise Science



# BA/BSc (Hons) Primary Education

## 6 Specialism Options:

- Early Years
- The Environment
- Modern Languages
- Inclusive Practice
- Literacy
- Numeracy

Relevant work experience with the specific age group is strongly recommended as part of the application

- Fully accredited by the General Teaching Council Scotland (GTCS).
- Taught by world-leading academics and outstanding teachers
- On-campus microteaching - opportunity to teach small groups of children and receive constructive feedback
- School work placements are an integral part of this course, culminating in a 10 week school experience where you can teach your chosen specialism

### TYPICAL TIMETABLE

Semester	Education Modules	Credit
1 Autumn	Education: Purposes, Principles, Practice Early Child Development, plus a specialism subject module.	20 credits per module
2 Spring	Education: Learning and Teaching. Early learning, plus a specialism subject module.	20 credits per module
3 Autumn	Primary Pedagogy I: Literacy & Numeracy in the early years. Pedagogy I: The Nature of Learning and Teaching, plus a specialism subject module	20 credits per module
May/June	4 weeks of school experience	GTCS requirement
4 Spring	Pedagogy II: Differentiation, Assessment and Progression, plus two specialism subject modules	20 credits per module
5 Autumn	Primary Pedagogy 2-Middle/Upper Literacy & Numeracy. GIRFEC, plus a specialism subject module.	20 credits per module
6 Spring	5 weeks of school experience in Middle stages (Jan/Feb). Differences and Identities. Extension (5 days in schools). Primary pedagogy III: specialism subject module.	(mandatory for GTCS) 40 credits 20 credits
7 Autumn	10 weeks of school experience (8 weeks upper stages, 2 weeks specialism) Enquiry into Practice.	20 credits
8 Spring	Enquiry into Practice. Literature review related to specialism.	60 credits 40 credits



# BA/BSc (Hons) Secondary Education

Specialism Options:

**Biology** / Business Studies / Business Studies + Computing Science / **Computing Science** / English Studies / **Environmental Geography** / French / French and Spanish / History / History + Politics / History + Sociology / **Mathematics** / Philosophy + Religion / Religion / Sports Studies + Physical Education and Professional Education

B at Higher English/Comm 4 Lit 1  
B at National 5 Maths

- Fully accredited by the General Teaching Council Scotland (GTCS).
- Taught by world-leading academics and outstanding teachers
- School work placements are an integral part of this course, culminating in a 10 week school experience where you can teach your chosen specialism

Semesters	Secondary core education	Other subject modules
1 Autumn	Education: Purposes, Principles, Practice (20 credits)	Two modules in the subject you are training to teach
2 Spring	Education: Learning and Teaching (20 credits)	Two modules in the subject you are training to teach
Over semester 1 & 2	First year ITE students must undertake a self-arranged placement in an educational context over a 2 week period.	
3 Autumn	Pedagogy I: The Nature of Learning and Teaching (including Microteaching) (20 credits)	Two other modules
4 Spring	Pedagogy II: Differentiation, Assessment and Progression (including Link Practice) (20 credits)	Two other modules
May/June	Placement – 4 weeks in a secondary school	
5 Autumn	Developing Pedagogy across the Curriculum (10 credits)	Three other modules
Jan - March	Placement – 10/11 week in a secondary school - 3 days in school and 2 days in university	
6 Spring/7 Autumn	Differences and identities (20 credits) Debates in Subject Teaching (40 credits) Placement – 10 weeks in secondary school, or 12 weeks if dual subject (20 credits) Enquiry into Practice (Honours students) 20 credits or School Experience Evaluation (20 credits) Developing as a Reflective Practitioner (20 credits)	
8 Spring	Enquiry into Practice (cont.) Developing as a reflective practitioner (cont.)	Two other modules



# BA (Hons) Criminology

- Combined degree only:
- Law / Philosophy / Politics / Sociology / Social Policy

Dr Niall Hamilton-Smith

T: +44 (0) 1786 467681

E: SSPC@stir.ac.uk

Ranked 1st in Scotland and top 5 in the UK for Criminology

(The Guardian University Guide 2021)

- Taught by experts in their various academic fields
- All teaching is closely informed by the latest developments in social research

Year	Modules
1 (Autumn)	Social differentiation
	Any two optional modules from across the University
1 (Spring)	Social problems
	Any two optional modules from across the University
2 (Autumn)	Understanding social policy
	Two optional modules from combined degree course
2 (Spring)	Crime and Criminal Justice
	The Development of Social Theory
	One optional module from combined degree course
3 (Autumn)	Research Process 1
	Two optional modules from combined degree course
3 (Spring)	Research Process 2
	Two optional modules from combined degree course
4 (Autumn)	One optional module from combined degree course
4 (Spring)	One optional module from combined degree course
4 (Autumn/Spring)	Dissertation
	Honours seminar (Criminology, Sociology and Social Policy combined degree students only)



# BA (Hons) Sociology

- Combined degree only:
- Criminology / Film and Media / History / History + Education / Marketing / Politics / Psychology / Religion / Spanish

Dr Niall Hamilton-Smith

T: +44 (0) 1786 467681

E: SSPC@stir.ac.uk

Ranked 1st in Scotland and top 10 in the UK for Criminology

(The Guardian University Guide 2020)

- Taught by experts in their various academic fields
- All teaching is closely informed by the latest developments in social research

YEAR	MODULES
1 (Autumn)	Social differentiation
	Any two optional modules from across the University
1 (Spring)	Social problems
	Any two optional modules from across the University
2 (Autumn)	Understanding social policy
	Two optional modules from combined degree course
2 (Spring)	The Development of Social Theory
	Two optional modules from combined degree course
3 (Autumn)	Research Process 1
	Two optional modules from combined degree course
3 (Spring)	Research Process 2
	Two optional modules from combined degree course
4 (Autumn)	One optional module from combined degree course
4 (Spring)	One optional module from combined degree course
4 (Autumn/Spring)	Dissertation
	Honours seminar (Sociology and Social Policy combined degree students only)

# Why study Social Work at Stirling?



- Fully accredited by the Scottish Social Services Council
- 1st in the UK for Social Work (Times and Sunday Times Good University Guide 2020)
- Integrated Work Placements
- Lecturers who are experts in their field
- Smaller class sizes (23-55)

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BE THE DIFFERENCE

# BA (Hons) Social Work

Single Honours Degree  
Year 1 Entry Only

Dr Paul Rigby  
t: 01786 467708  
e: socialwork@stir.ac.uk

## Placements:

- **2 x** professional practice learning opportunities in Sem. 5 and in the summer period between Sem. 6 and 7 – **75 and 95 days**
- Variety of settings where you will undertake direct work with people who use services.
- Usually take place within a 60-mile radius of the University.

YEAR	MODULE
1	Introduction to Social Work 1
	Social Differentiation
	Social Problems
	Active Learning in the Community
	Plus two modules of own choice
2	Understanding Social Policy
	Introduction to Social Work 2
	Social Work Law & Policy
	Human Development and Family Contexts
	Theory and Practice of Social Work
3	Evidence and Social Inquiry for Social Work
	Practice Learning 1
	Theory and Practice: Children, Families and Society
	Theory and Practice: Crime, Welfare and Justice
	Theory and Practice: Health, Illness & Disability
4	Practice Learning 2
	Dissertation



## Applying through UCAS

Web-based system

Linked to registered centre (school/ college)

Unique account with username and password

UCAS Hub – monitor the status of your application



<https://www.ucas.com/undergraduate>

# Main UCAS Sections

- Personal Details
- 
- Choices (course applications)
- Education (past and present)
- Employment (paid only)
- Personal Statement
- Reference

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## UCAS APPLICATION

2022 Undergraduate application

Your Personal ID number

UCAS application

Application **status**

Centre information

You are not linked to a centre. Use the link below to link your application to your centre.

[Link to a school, college, or centre](#)

0/5

CHOICES

0%

PROFILE

NOT STARTED

PERSONAL STATEMENT

NOT STARTED

REFERENCE

0%

Review and submit

Your **choices**

+

Add choice

Confirm choices

Search for courses

[Find courses and providers](#)

My **profile**

Personal details

>

Name, age, title and gender

Contact and residency details

>

Address, email, telephone and where you live

Education

>

Qualifications and periods of study

?

**Have you been in care** – under local authority supervision, kinship care, foster care etc. Does not mean work in care sector.

If you have been a young carer, you could mention this in your personal statement.

Personal statement

#### Nominated access

You can choose to nominate someone, eg parent/guardian/adviser, who can discuss your application with us and the universities if you are unavailable.

Full name of nominee



Relationship to you



#### Disability/special needs

Universities and colleges welcome students with disabilities, and will try to meet your needs wherever possible. The information you give here will help them do this.

Category\*

see list



Please give details of any special needs



Have you been in care?

Please Select... ▼ ?

Duration in care

If you have answered 'Yes' to the question above, please indicate the total length of time you have been in care\*.

Please select... ▼ ?

Parental education

Do any of your parents, step-parents or guardians have any higher education qualifications, such as a degree, diploma or certificate of higher education?

Please select... ▼ ?

Occupational background\*

If you are under 21, please give the job title of your parent, step-parent or guardian who earns the most. If she or he is retired or unemployed, give their most recent job title. If you are 21 or over, please give your own job title. Click 'find...' and enter the job title.

find... ?

**Nominated access** – we cannot talk to parents, guardians etc unless they have been nominated.

**Disability** – for use by our Student Support Services team only.



# Personal Statement



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## PERSONAL STATEMENT

2022 Undergraduate application

[Home](#) / [UCAS application](#) / [Personal statement](#)

[Return to application overview](#)

[Personal details](#)

[Contact and residency details](#)

[Education](#)

[Employment](#)

[Nationality details](#)

[Supporting information](#)

[English language skills](#)

[Finance and funding](#)

[Personal statement](#)

[Reference](#)

Our guide to [writing your personal statement](#) (opens in a new window) should help you complete this section.

We strongly recommend you write the statement using a word-processor and paste it in to your application.

You can type your statement directly into the box or edit a statement you have pasted in.

### Personal statement \*

Your completed statement must be between 1,000 and 4,000 characters (maximum 47 lines) including spaces.

- Max. 47 lines of text
- Max. 4000 characters
- (approx. 600 words)

BE THE DIFFERENCE

# Tips on how to write your personal statement

**ARE YOU STIRLING?**

It's as easy as...

A

Activity

B

Benefit

C

Course

# Round up for ABC

## ARE YOU STIRLING?

### A - Activity

What experience do you have?

- work experience, volunteering, school activities

### B - Benefit

What skills has this given you?

- knowledge of a career, communication/team work

### C - Course

How does this experience or these skills relate to your course?

- putting theories into action, ability to achieve

**How does this make you the best applicant for the place?**





# Do your research



- Careers advisors
- My World of Work ([www.myworldofwork.co.uk](http://www.myworldofwork.co.uk))
- UCAS Search ([www.ucas.com/search](http://www.ucas.com/search))
- University websites
- University prospectuses
- League tables
- Open Days

# Funding Opportunities



## Tuition fees

For Scottish students studying in Scotland, tuition fees are paid for by the Scottish government. You **MUST** apply through SAAS to have your tuition fees paid.

## PNMSB bursary

All eligible students can apply for a Paramedic, Nursing and Midwifery Student Bursary (NMSB). The bursary is not income

Year of Course	Amount
1,2 & 3	£10,000
4	£7500

- Nursing, Paramedic and Midwifery Discretionary Funds
- Clinical placement expenses
- Disabled Students' Allowance (DSA)
- Childcare Allowance for Parents
- Single Parent's Allowance
- Dependant's Allowance

# Supporting our students

Care experienced students

Estranged students

Young or adult carer



- Range of pre-application support and dedicated information, advice and guidance
- May be eligible for a contextualised offer
- Support through named points of contact whilst at university
- SAAS - [www.saas.gov.uk](http://www.saas.gov.uk)
  - Care experienced student bursary
  - Disabled Students Allowance (DSA)
- University of Stirling discretionary funding
  - Applications will be prioritised
  - Assessed for all available financial support within the one application
- External scholarships and support
  - ICAS Scholarship
  - Robertson Trust
  - Area specific funds



# Support



## University - Student Support- HUB

- Additional Support Needs
- Finance
- Counselling
- Study skills / Academic
- Mentors - current students and alumni
- Career Development Centre



## Academic Tutor



## Students' Union



## Global mentoring programme



## On-site Nursery children aged 2yrs 9 months – 5 years



# Stirling Student Union



## Clubs and societies

- Over 70 societies
- Communities zone
- Over 50 sports clubs
- Employability: -
  - Entry level initiative
  - Volunteering
  - F Team
  - STAR - research
- Green + Blue team



## Representation



## Welfare



## Facilities and entertainment



# World Class Sports Facilities



## Excellent facilities

- 90 station fitness suite
- 2 strength and conditioning areas
- 6 indoor tennis courts and 2 outdoor clay courts
- 50m swimming pool - (National Swimming Academy)



## Something for everyone

- From sky-diving to octopush!
- 60+ sports clubs
- Sports Union elected positions
- Give it a Go
- Volunteering and employment

Find out more



**Questions:**

e: [wp@stir.ac.uk](mailto:wp@stir.ac.uk)

**To view our courses: [www.stir.ac.uk](http://www.stir.ac.uk)**

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